

Glasgow Club NHS Membership Offer

As an employee of the NHS, it couldn't be easier to join the Glasgow Club "Scotland largest health and fitness club". We've teamed up to offer you a FitClub membership for as little as £21.96 per month.

If you want to be spoiled for choice with access to 22 gyms, 12 pools and over 1400 fitness classes, why wait? Start your journey towards becoming a fitter healthier you and get the help you need to do it. To find out everything Glasgow Club has to offer, visit www.GlasgowClub.org.

FitClub membership gives you:

- ✓ Unlimited Classes, Gym and Swimming
 - ✓ Unlimited Health Suite
 - ✓ Unlimited Athletic Track use*
 - ✓ Monthly [personal appointments](#) with a qualified instructor who'll tailor a programme just for you.
 - ✓ Ability to book up to 7-days in advance online, using the App or by phone
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Special NHS Offer

Annual membership for £285.50 with payments spread evenly across 13 pays at £21.96 per month (that's a £54.50, 16% saving). You can also purchase an additional one for a friend or family member.

There are lots of reasons why we're Scotland's largest health and fitness club...

- Classes for every level of fitness. Whether you're a beginner or at the top of your game you'll be spoilt for choice. Take your pick from over 1,400 classes a week.
- Top of the range gym kit helping you optimise your results and get the most out of the time you spend with us.
- Busy lifestyle? You'll still get the same great results with our range of 30 minute classes, proven to be as effective as longer workouts.
- We keep you motivated through personal appointments with a fitness professional who'll design a varied programme of exercises for you to enjoy.
- You can relax in the knowledge that should a short term change in circumstances mean you can't visit, you can freeze your payments at no cost.
- Ability to book activities up to 7 days in advance using our app, online booking site, over the phone or in the venue. App available on the App Store, Play Store or at myglasgow.club/app
- With a team on site at all times, you'll be working out in a safe, secure environment.
- We're a not-for-profit organisation, so every penny we make is reinvested in improving our venues, our team and our activities for you. How many gyms can say that?
- We're fun, friendly and fit for you!

How it works:-

NHSGGC pay the annual membership fee to the Glasgow Club. Staff sign a salary mandate form and the payments are deducted from your salary for 13 months at £21.96 per month.

To join the scheme: -

1. Simply choose the month you want your membership to start
2. Submit your application form to the address below at least 2 weeks in advance. Please note, you are agreeing to a full year's membership:-

Alex Dawson
Corporate Reporting Officer
Finance Department
Greater Glasgow NHS Board Admin Building
Gartnavel Royal Hospital Campus
1055 Great Western Road
Glasgow
G12 0XH
glasgowclub@nhsggc.org.uk

PLEASE AVOID CONTACTING ALEX BY TELEPHONE.

Important information

If you are currently a Glasgow Club member, your direct debit payment will be cancelled and you will receive written confirmation from the Glasgow Club. We recommend you cancel the direct debit mandate at your bank and also contact the Glasgow Club Customer Service team on 0141-287-8931 to confirm. Alternatively, email them on Glasgow.Club@Glasgowlife.org.uk

Your memberships will be effective from the first day of the month you apply to start, provided 2 weeks notice is given. To activate your membership simply drop into your local leisure centre with your pay number and collect your new membership card.

Once your membership has been activated, check £21.96 is being deducted from your salary each month; there may be a delay of one month before this is initiated by payroll.

This membership is on a rolling basis and will carry on year on year. If you do not wish to continue your membership next year you should inform Alex Dawson in writing at least one month before the 13th month of your membership.

Contacting Us

If you would like additional information about Glasgow Club, please don't hesitate to get in touch with our customer service team on:

Phone: 0141 287 8931

Email: glasgow.club@glasgowlife.org.uk

Opening hours 09:00-16:30 (Mon-Thu) 09:00-16:00 (Fri)

Enjoy your membership and have a great experience with the Glasgow Club.